



MARCH | 2023

Wyandot County Council on Aging

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	1 Taco Meat Lettuce Pinto Beans Pineapple Corn Taco Shell Milk	2 Pulled BBQ Pork Corn Chowder Cole Slaw Applesauce Whole Wheat Bun Milk	3 Vegetable Lasagna Wax Beans Broccoli Mandarin Oranges Milk
6 Sloppy Joe Sweet Potato Puffs Green Beans Apple Slices Whole Wheat Bun Milk	7 Chicken Fried Steak Mashed Potatoes Lima Beans Fruit Cocktail Whole Grain Roll Milk	8 Ham Scalloped Potatoes Cooked Spinach Tropical Fruit Salad Whole Grain Roll Milk	9 Breaded Veal Potato Soup Snack Pack Carrots Fruit Mix Whole Wheat Bun Milk	10 Tuna Salad Corn Prince Charles Veggie Blend Peaches Whole Wheat Bun Milk
13 BBQ Riblet Seasoned Potatoes Broccoli Mandarin Oranges Whole Wheat Bun Milk	14 Pork Loin Mashed Potatoes Green Beans Fruit Salad Whole Grain Yeast Roll Milk	15 Hot Dog Baked Beans Corn Peaches Whole Wheat Hot Dog Bun Milk	16 Ham & Swiss Tomato Basil Soup Cucumber Salad Pineapple Whole Wheat Bun Milk	17 Macaroni & Cheese Cooked Carrots Peas & Onions Fruit Mix Milk
20 Pizza Patty Green Beans Cauliflower Pineapple Whole Wheat Bun Milk	21 Salisbury Steak Mashed Potatoes Broccoli Mandarin Oranges Whole Grain Roll Milk	22 Chicken Breast Butter Beans Sweet Potatoes Fruit Mix Whole Grain Roll Milk	23 Shredded Beef Vegetable Soup Potato Salad Citrus Salad Whole Wheat Bun Milk	24 Alaskan Pollock Seasoned Redskin Potatoes Cooked Carrots Peaches Whole Grain Roll Milk
27 Turkey Ham Potato Rounds Green Beans Pineapple Whole Wheat Bun Milk	28 Beef Pot Roast Mashed Potatoes Brussel Sprouts Fruit Cocktail Whole Grain Roll Milk	29 Spaghetti w/ Meat Sauce Cooked Carrots Cooked Spinach Tropical Fruit Salad Whole Grain Roll Milk	30 Pulled Smoked Chicken Black Bean Soup Tossed Salad Apple Slices Whole Wheat Bun Milk	31 Egg Omelet Whole Grain Pancake Seasoned Potatoes Peaches Fruit/Veggie Juice Blend Milk

News

Reminder:
Saturday night,
March 11th, turn
clocks AHEAD 1 hour

NOTE: Due to supply chain
issues, menu items may not be
available in time for delivery.
Substitutions will be made as
appropriate. Thank you for your
patience during this difficult time!

Reminder: You must be
home to receive your
meal and remember to
give us 24 hours notice
to cancel your meal.

Thank you,
Ronald Bailey
(Nutrition Supervisor)
419-294-5733
127 S. Sandusky Ave.