

# WYANDOT COUNTY

## COUNCIL ON AGING

*Living Smart  Aging Strong*

MAY/JUNE 2022

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### Mission Statement:

*Wyandot County Council on Aging  
engages Wyandot County citizens  
of all ages and provides services to  
our 60+ community to enhance the  
quality of their lives.*

**127 S. Sandusky Ave.  
Upper Sandusky, OH  
43351  
8:00 a.m.—4:00 p.m.  
Monday—Friday**

**WWW.WYANDOTSENIORS.COM**  
**FIND US ON FACEBOOK  
AND INSTAGRAM**

**Phone: 419-294-5733  
FAX: 419-294-6431**



### Tim Griffin, Executive Director

We have exciting news from WCCOA! We are re-establishing our presence at the Carey Senior Depot effective May 1<sup>st</sup>. Home Delivered Meals will depart from this location and you are invited to join us for daily on-site lunches. In addition, we will be providing more activities in Carey, so please be sure to check out the activities calendar in this newsletter. Stay up to date with all of our activities throughout the county by following us on Facebook and Instagram.

Amy Gardner and I have been busy speaking with different groups, clubs and organizations throughout the county. We have met a lot of wonderful people and have been making tremendous connections. As of this publishing, our next speaking engagement will be held on June 15<sup>th</sup> with the Carey Kiwanis. If your organization would be interested in having the Council on Aging speak, please call us to schedule a time.

In the near future, I plan to speak with the residents of Riddlehaven Apartments, Essex Place, and Wyandot County Senior Village to introduce a new program that will provide daily transportation to our dining facility. Please keep your eyes peeled for these dates and times at these local apartment complexes!

I am very thrilled and energized by the amount of growth that WCCOA has been experiencing. We look forward to sharing with you the development of our new Chore and 'Telefriend' programs coming soon!

# SUMMER

## WCCOA SERVICES

### Alesta Altvater, Homemaking Supervisor

#### Welcome the Sunshine!

This is the time of year to open the windows and air out your home from the dreary days of winter. Let the sun shine in! (Doing this will help you see all the things you need to clean.)

Keeping your home clean day-to-day can be a big task. Excessive clutter can make a person feel mentally and physically drained, especially when you think about having to maintain and clean your home every-day. Here are a few tips to help...

- Keep hallways, stairs & main walkways free of clutter. This will reduce the risk of tripping and falling.
- Keep old newspapers, magazines and mail from piling up around your home. This helps reduce dust and tripping hazards.
- Keep your refrigerator clean and dispose of expired food. This will help reduce germs and sickness.

#### Homemaking Questions?

Call Alesta  
419.294.5733  
Ext.192

#### SERVICE REPORTS

##### HOMEMAKING:

Homemaking hours as of 4/1/22: 352

##### NUTRITION:

Meals served as of 4/1/22: 3,109

### Ron Bailey, Nutrition Supervisor

Allow me to introduce myself... My name is Ronald Bailey and I am the new Nutrition Supervisor .

My wife Deb and I have resided in Upper Sandusky since 1985 and have 2 grown children, Chuck and Jennifer. I retired from Guardian Industries after 30 years and since 2019 have worked here at the WCCOA. After driving for the past couple years in the Transportation Department and in the Nutrition Department as a meal driver, I accepted the Nutrition Supervisor position.

My goal is to tend to the concerns of our senior population and help with their nutritional needs. I look forward to helping my fellow seniors for many years to come. If you have questions about the variety of meals we offer, please call me so that we can create a plan that best fits you or your loved one. Be sure to check out our monthly menu on our Facebook page!



#### Nutrition Questions?

Call Ron  
419.294.5733  
Ext.191

## WCCOA SERVICES

### Luann McCleese, Transportation Supervisor

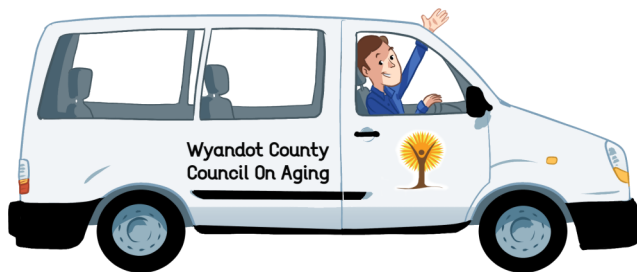
We have made it to Spring!

With the weather becoming warmer, more people are looking to get out and start going places. Transportation has been very busy as we have been getting new clients every day. Our daily schedule is often full 3-4 days ahead of time. To help ensure you are able to schedule transportation services, follow these tips.

- Please call with your appointment dates and times as soon as you receive them to ensure availability.
- Please try to schedule out of town medical trips at least a week in advance.

Don't be surprised if you see a new face or two. We have hired several new drivers and plan to hire more to meet our growing demands.

Our goal is to provide all of our clients with the best service! I hope you all have a chance to get out and enjoy the nice spring weather. As always, thank you for allowing us to transport you and your loved ones.



### SERVICE REPORTS

#### **TRANSPORTATION:**

Transports provided as of 4/1/22: 1,616

Miles driven as of 4/1/22:



### **Transportation Questions?**

Call LuAnn

419.294.5733

Ext. 190



**Jane Hogue**

**Office Manager**

**Need Information?**

Call Jane

419.294.5733





Terry Ratliff  
Office Administrator  
419.294.5733  
Ext.192

## Memorials

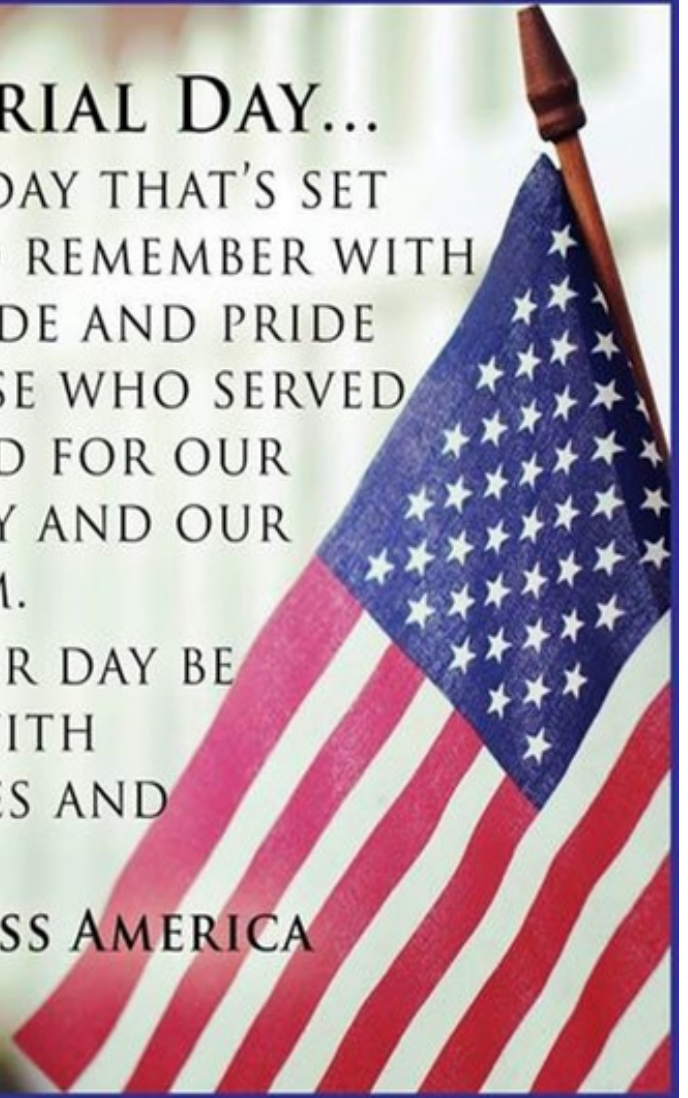
Randy Boose  
Christina Johnson  
Connie Spitler  
Charlene Williams

**Thank you so much for  
thinking of us in your  
time of loss.**

If you would like to make a  
memorial donation to  
Wyandot County Council  
on Aging,  
please send donations to:

Wyandot County Council  
On Aging  
127 S. Sandusky Ave.  
Upper Sandusky, Ohio 43351

MEMORIAL DAY...  
...IS THE DAY THAT'S SET  
ASIDE TO REMEMBER WITH  
GRATITUDE AND PRIDE  
ALL THOSE WHO SERVED  
AND DIED FOR OUR  
COUNTRY AND OUR  
FREEDOM.  
MAY YOUR DAY BE  
FILLED WITH  
MEMORIES AND  
PEACE.  
GOD BLESS AMERICA



## Senior Potluck is back!

2nd Thursday of each month

Senior Connection  
124 S. Sandusky Avenue  
6:00 p.m.



Bring a dish to share!  
Please call if you need transportation.

SENIOR CITIZENS APPRECIATION MONTH

# Reconnect

PLEASE JOIN US FOR A MAGICAL DAY  
IN HONOUR OF FRIENDSHIP

MAY IS

## Older American's Appreciation Month

OVER 60?  
RSVP  
AMY OR RON  
419-294-5733

TRINITY  
EVANGELICAL  
CHURCH  
108 Malabar Drive  
Upper Sandusky

MAY 13,  
2022  
Lunch Served  
12:00 p.m.

### The History of Older Americans Month

When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthday. About a third of older Americans lived in poverty and there were few programs to meet their needs. A meeting in April 1963 between President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month," the prelude to "Older Americans Month." Today, we have over 54 million people who are age 65+.

We invite you to join us for lunch as we celebrate you!

**Thank you to our sponsors:** *Beltone, Bridge Hospice, Pahl Independent Insurance Agency, Wyandot Memorial Hospital, Wyandot Skilled Nursing & Rehab & Wyandot County Council on Aging.*

## BOARD MEMBERS

*Bonnie Conley*

*B.J. Dunn*

*Paula Fisher*

*Laura Frey*

*Treston Hall*

*Sue Humer*

*Anna Mae Huntley*

*David Naus*

*Vicki Orians*

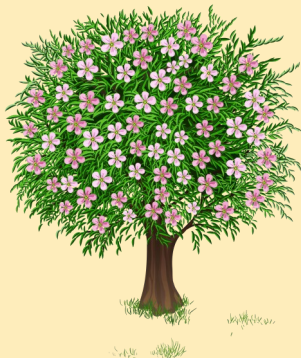
*Ruth Reier*

*Raine Schindler*

*Barb Shumaker*

*Karen Walter*

*Rose Ann Weaver*



*WCCOA, Inc. is a private, non-profit corporation, sponsored by grants under Title III-B and Title III-C of the Older Americans Act and administered through the Ohio Department on Aging (ODA) and the AAA.*

# Congratulations

## First National Bank of Sycamore

### Community Partnership Award

FNBS was awarded this prestigious honor by the Ohio Association of Senior Centers and will be given the award during OASC yearly conference.

THANK YOU FOR ALL YOU DO!

## Area Agency on Aging (AAA) Information

### Mission

*The Ohio District 5 Area Agency on Aging, Inc. provides leadership, collaboration, coordination and services to older adults, people with disabilities, their caregivers & resource networks that support individual choice, independence and dignity.*

### Vision

*The Ohio District 5 Area Agency on Aging, Inc. will be a leader in long term care systems and the preferred organization in providing advice and services which enhance the independence, dignity, and quality of life of older adults, individuals with disabilities and their caregivers.*

**Area Agency on Aging**  
**1-800-860-5799**



## WORD SEARCH

### Gardening

Find and circle all of the words that are hidden in the grid.  
The remaining 27 letters spell a Lady Bird Johnson quote.

F S W H E E L B A R R O W W H G E G R  
U P E G S P E T U N I A S S N F N R T  
C A G O R T L S O I L O C I N O W A U  
H D H R R E L R O W S A T O M A E K L  
S E R O O A E S S E B N I E M A E E I  
I S W C U W F N S D A T R N E P L B P  
A E C N U O E O H L L U O G N O O S S  
L L N A I L R G P O T O N M V E U S F  
P A B R L N T M N L U A G E A N I L T  
I I E E O I I I U I R S G I S T O B S  
N N E T C A L C V D G E E H R W O S E  
W N T A C R I I Y A T G I E E A E E I  
H E S W O T Z H E A T N I R D O M V S  
E R G A R D E N B S E E S D H S S O I  
E E O O B D R L O E C I N A G R O L A  
L P H S S D E E W G N I X A L E R G D  
L E V O H S A E P S M U I N A R E G H  
O P P I T C H F O R K E C A R R O T S

ANNUALS  
BEANS  
BEETS  
BIENNIAL  
BROCCOLI  
CARROTS  
COMPOST  
CULTIVATE  
DAISIES  
DIGGING  
FERTILIZER  
FLOWERS  
FUCHSIA

GARDEN  
GERANIUMS  
GLOVES  
GNOME  
GREENHOUSE  
GROW  
HOES  
HORTICULTURE  
HOSE  
HYDRANGEA  
LILACS  
LILIES  
MARIGOLDS

ORGANIC  
PEAS  
PERENNIAL  
PETUNIAS  
PINWHEEL  
PITCH FORK  
PLANTING  
RAIN  
RAKE  
RELAXING  
ROSES  
ROWS

SEEDS  
SHOVEL  
SOIL  
SPADE  
SUNSHINE  
TOMATOES  
TROWEL  
TULIPS  
VEGETABLES  
WATER  
WEEDS  
WHEELBARROW

# CROSSWORD PUZZLE

## Spring Fever



### Across

1. Loading locale
5. Harriet Tubman, once
10. They share a Ma and Pa
14. Free speech org.
15. Itching to begin
16. Greeting in Guadalajara
17. SPRING
20. Tither's portion
21. Something to run in a bar
22. Big name in 2008 politics
23. Singer & activist Joan
25. Intoned endlessly
26. SPRING
31. Canonized king of Nor.
32. Warty amphibian
33. ENT's org.
36. RBI or ERA, e.g.
37. Come to pass
39. Rush to review
40. "The Fox in the Hound" fox
41. Animation
42. Like urban air, often
44. SPRING
46. Ships of the desert
49. West coast gas brand
50. New York politician Alfonse D' \_\_\_\_\_
51. Future home of W's presidential library
53. Like some beers
57. SPRING
60. 1993 peace accord locale
61. Approach indicated by two lanterns
62. French bean?
63. Close by
64. Raise up

65. Phonograph frustration

### Down

1. Kind of tense
2. Frozen drink brand
3. Animation
4. Declining industrial region, slangily
5. One in a hundred in DC
6. Taoism founder
7. Kodak competitor
8. Eat or greet, e.g.
9. Byron's "before"
10. Cindy Lauper hit single
11. Herbert Hoover or Meredith Wilson, by birth
12. Fault

13. Green course
18. Scarlett surname
19. Santa-tracking org.
24. Exertions
25. Letter opener
26. "Hey! Over here!"
27. Camp Swampy canine
28. Pictish pigment
29. Maj.'s boss, perhaps
30. Slugger Gehrig
33. Jason's craft
34. Nativity trio
35. \_\_\_\_\_ nitrite (heart medicine)
38. Langley org.
39. Gilligan's Island
41. Under

43. "Solid Gold" host Marilyn
44. Shooting star
45. Hardy pal
46. Fatty fowl
47. Entertain
48. Donald Trump ex-wife Maples
51. Place for a final voyage
52. Table-like terrain
54. Wearying walk
55. When we meet Quince and Bottom
56. Sugary Easter treat
58. "Honest" president
59. Posed for a portrait





## DONUT SCHEDULE

1ST WEDNESDAY OF EACH  
MONTH WITH BELTONE!

# DONUTS AND TECHNOLOGY!

SENIOR CONNECTION  
10:00 A.M. - 11:30 A.M.

MAY  
4  
2022

You bring a phone or  
tablet and any  
questions we'll bring  
donuts!

JUNE  
1  
2022

JOIN US FOR DONUTS & COFFEE



*Donuts with Directors*

FREE DONUTS & COFFEE

9:00 A.M. - 10:00 A.M.

THE DWELLING PLACE; WHARTON, OH

MAY 3RD & JUNE 7TH

CAREY SENIOR DEPOT; CAREY, OH

MAY 10TH & JUNE 14TH

MOHAWK COMMUNITY LIBRARY; SYCAMORE, OH

MAY 17TH & JUNE 21ST

# ads

## SENIOR CONNECTION



Amy Gardner  
Activities  
Director



Ron Boose  
Directors'  
Assistant



Trey Miller  
Activities  
Assistant



### Bus Trips 2022

**June 30th**  
**Cleveland Guardians**  
**Vs.**

**Minnesota Twins**  
**Baseball Game**

**\$130.00**

**August 10th**  
**Visit Cleveland Adventure**

**\$65.00**

**October 5th**  
**Ohio Star Theater**  
**"Josiah for President"**

**\$85.00**

**November 30th**  
**Turkeyville**  
**Dinner Theater**  
**"Still Dreaming of a**  
**White Christmas"**

**\$87.00**

Gift Certificates available!

To learn more about all our trips & the

***Director's Special***  
**Call us at**

**419-294-5733**

### Day Trips

- Travel in WCCOA mini bus.
- Trips are scheduled each Monday, March - October.
- 10 passenger maximum.
- Cost is \$15 per person.
- Spaces are filling up so call to check trip destination and space availability.
- Itinerary subject to change.

### END OF THE MONTH LUNCH

Trinity Evangelical Church  
108 Malabar Drive  
Meal served at Noon.

*May 26th*

Wear **Red**, White & **Blue** we're having  
Brunch!

*June -NO LUNCH*

DUE TO CLEVELAND GUARDIANS GAME  
WOULD ❤️ FOR YOU TO JOIN US!

## COMMUNITY LUNCHES

CAREY

**May 4th**

*Chef's Choice*

Guest: Beltone

"Dementia & Hearing Loss"

**June 1st**

*Chef's Choice*

Guest: RSVP

CAREY SENIOR  
DEPOT

**12:00 p.m.**

Sponsored by

Wy. Co. Skilled Nursing  
& Rehab

SYCAMORE

**May 11th**

Celebrating Hostess

Cupcake Day

Guest: Beltone

"Dementia & Hearing Loss"

**June 8th**

*It's a Pasta Bowl*

Guest: RSVP

MOHAWK COMMUNITY  
LIBRARY

**12:00 p.m.**

Sponsored by

First National Bank of  
Sycamore

WHARTON

**May 18th**

Celebrating Reese's Day

Guest: Beltone

"Dementia & Hearing Loss"

**June 15th**

*It's a Pasta Bowl*

Guest: RSVP

THE DWELLING  
PLACE

**12:00 p.m.**



# ads



## ACTIVITIES

### We're Moving... Outdoors!

Step into summer with us! Give yourself the gift of sunshine, movement and friendships.

#### Walking Club

Starting June 6th

**Mondays 9:00 – 10:00**

Upper Sandusky - Stepping Stones Park

**Tuesdays 10:00 – 11:00**

Carey - Shrine Park

**Fridays 9:30 – 10:30**

Sycamore - Memorial Park

#### Pickle Ball

We will meet at the Pickle Ball Court at Harrison Park in Upper Sandusky on Tuesdays and Fridays; starting June 21st  
10:00 – 11:00

**All levels Welcome!**

We will learn together!

### Welcome to Book Club

**1st & 3rd Tuesdays**

**beginning June 21st**

**1:00 – 2:00**

**SENIOR CONNECTION**

June 21st

**“When Breath Becomes Air”**

By: Paul Kalanithi

July 19th

**Where the Crawdads Sing**

By: Delia Owens

### Take “2”sdays

Last Tuesday of each month, come join us for an afternoon of popcorn and a movie!

#### ***SHOWING***

***At the Senior Connection***

May 31 - *Mr. Smith Goes to Washington*

June 28 - *A League of Their Own*

1:00 p.m. - 3:00 p.m.  
Snacks provided!



**MPLC**  
Motion Picture Licensing Corporation



# SUMMER ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Day Trips</b> by reservation only  <b>Walking Club</b> Upper Sandusky 9:00 - 10:00	<b>Donuts</b> Wharton 9:00 - 10:00 <b>Walking Club</b> Carey 10:00 - 11:00 <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00 <b>Book Club</b> 1:00 - 2:00	<b>Donuts &amp; Technology</b> w/ Beltone 10 - 11:30 <b>Lunch</b> Carey 12:00 <b>Euchre</b> Upper Sandusky 12:30 - 3:30	<b>Craft Class</b> 9:30—11:30 <b>Euchre</b> Carey 12:30 - 3:30 <b>BINGO</b> 1:00 - 2:00	<b>Walking Club</b> Sycamore 9:30—10:30  <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00
<b>Day Trips</b> by reservation only  <b>Walking Club</b> Upper Sandusky 9:00 - 10:00	<b>Donuts</b> Carey 9:00 - 10:00 <b>Walking Club</b> Carey 10:00 - 11:00 <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00	<b>Lunch</b> Sycamore 12:00 <b>Euchre</b> Upper Sandusky 12:30 - 3:30	<b>Craft Class</b> 9:30—11:30 <b>Euchre</b> Carey 12:30 - 3:30 <b>BINGO</b> 1:00 - 2:00 <b>Senior Potluck</b> 6:00 p.m.	<b>Walking Club</b> Sycamore 9:30—10:30  <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00
<b>Day Trips</b> by reservation only  <b>Walking Club</b> Upper Sandusky 9:00 - 10:00	<b>Donuts</b> Sycamore 9:00 - 10:00 <b>Walking Club</b> Carey 10:00 - 11:00 <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00 <b>Book Club</b> 1:00 - 2:00	<b>Lunch</b> Wharton 12:00 <b>Euchre</b> Upper Sandusky 12:30 - 3:30	<b>Craft Class</b> 9:30—11:30 <b>Euchre</b> Carey 12:30 - 3:30 <b>BINGO</b> 1:00 - 2:00	<b>Walking Club</b> Sycamore 9:30—10:30  <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00
<b>Day Trips</b> by reservation only  <b>Walking Club</b> Upper Sandusky 9:00 - 10:00	<b>Walking Club</b> Carey 10:00 - 11:00 <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00 <b>Movie</b> 1:00 - 3:00	<b>Euchre</b> Upper Sandusky 12:30 - 3:30	<b>Euchre</b> Carey 12:30 - 3:30  <b>End of the Month Lunch</b> Trinity Evangelical 12:00	<b>Walking Club</b> Sycamore 9:30—10:30  <b>Pickle Ball</b> Harrison Smith Park 10:00 - 11:00

## WYANDOT COUNTY LOCATIONS

# Thank You

A very special  
Thank You to all of  
our Wyandot  
County area  
businesses who  
donated money to  
provide an ad in our  
newsletter!  
We truly appreciate  
your support!



[www.wyandotseniors.com](http://www.wyandotseniors.com)

### Carey Senior Depot

200 E. Findlay St.  
Carey, Ohio 43316  
419.396.6741



### Sycamore

Various Locations  
Sycamore, Ohio 44882  
419.294.5733



### Wyandot County Multi-Purpose Senior Center

127 S. Sandusky Ave.  
Upper Sandusky, Ohio 43351  
419.294.5733





## WOULD YOU LIKE TO BE ON OUR MAILING LIST?

**Wyandot County Council on Aging**  
**127 S. Sandusky Ave.**  
**Upper Sandusky, OH**  
**43351**

BULK RATE  
U.S. Postage  
**PAID**  
Upper Sandusky, OH  
Permit #12

*Temp.-Return service requested*



*Wyandot County  
Council On Aging*

If you have enjoyed your copy of this newsletter and would like to receive it in the mail or by email, please fill out the coupon to the right of this article and drop it off at Wyandot County Council on Aging or Senior Connection. We will gladly put your name on our list to receive future issues delivered right to your home or email.

Please return to:  
Wyandot County Council on Aging  
127 South Sandusky Ave.  
Upper Sandusky, Ohio 43351

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

