

October 2024

Icebox Entree Menu

October 1, 10, 19, 28	October 2, 11, 20, 29	October 3, 12, 21, 30	October 4, 13, 22, 31	October 5, 14, 23
Menu # 1	Menu # 2	Menu # 3	Menu # 4	Menu # 5
Hard Boiled Eggs 2 ea.	Shaved Roast Beef 2 oz.	Chicken Salad ½ c.	Cottage Cheese ½ c.	Egg Salad ½ c.
Potato Salad ½ c.	Tomato Slices 2 ea. Red onion slice, Lettuce Leaf	Marinated California Blend Vegetables ½ c.	Peaches ½ c.	Celery Sticks ½ c.
Mix Green Salad 1 c.	Cole Slaw ½ c.	Pineapple ½ c.	Pears ½ c.	Carrot Salad ½ c.
Malibu Fruit ½ c.	Mandarin Oranges ½ c.	Grapes ½ c.	Sliced Peppers ½ c.	Applesauce ½
Wheat Roll 1	Wheat Bun 1 ea.	Snowflake Roll 1 ea.	Wheat Bread slice 1	Wheat Bread 1 ea.
Animal crackers 1 pk		Club Crackers 6 ea.	Graham Crackers 1 pk	Goldfish Crackers 1 pk
1 % Milk 1 c.	1% Milk 1 c.	1% Milk 1 c.	1% Milk 1 c.	1 % Milk 1 c.
Margarine 1 ea. Salad Dressing 1 pk./tbsp..	Mayonnaise 1 pk.	Margarine 1 ea. Lettuce leaf	Margarine 1 ea. Lettuce Leaf	Lettuce Leaf Ranch for Dipping 1 tbsp.
October 6, 15, 24				
Menu # 6	Menu # 7	Menu # 8	Menu # 9	Menu # 10
Turkey Slider W/ Cheese 2 oz. turkey, 1 oz. chz.	Ham Salad ½ c.	Grilled Chicken Breast	Beef stew 1 c.	
Lettuce, Tomato 2 slices	Marinated Cucumber Salads ½ c.	Sliced Peppers ½ c.	Celery Sticks ½ c.	
Carrot & Raisin Salad ½ c.	Broccoli Florets ½ c.	Potato Salad ½ c.	Pickled Beets ½ c.	
Tropical Mix Fruit ½ c.	Strawberries ½ c.	Raisins 1 box 2 oz.	Orange Juice ½ c.	
L.g. Slider Bun 1	Wheat Bread 2or Bun	Bun 1 ea	Muffin 1 ea	
Oatmeal Bar 1			Animal crackers 1 pk	
1% Milk 1c.	1% Milk 1 c.	1% Milk 1 c.	1% Milk 1 c.	
Mayonnaise 1 ea.	Ranch for dipping 1 pk./tbsp.	Tomato Slices 2 ea Lettuce Leaf 1 ea Mayonnaise	Margarine	